

## Ronda Rubinoff Shaw Zients



### Chem-Bio

I've never been to any class reunion, but somehow our Cass Tech 50th seemed too momentous to miss. So how do I summarize the last 50 years of my life?

After Cass, I went to Wayne as a pre-med student. I lucked out because I became part of the first class in the newly formed Monteith College. As a result, I received a wonderful liberal arts education despite the many science courses that were required for medical school admission.

In 1962, I entered Wayne State School of Medicine, the same year in which the medical school lifted its admissions quota for women from three to eight percent, and I got to be one of eight women admitted!

After my medical school graduation (1966) I came to New York, where I did a residency in psychiatry at Albert Einstein College of Medicine. Next, I began analytic training at the New York Psychoanalytic Institute.

In 1964 I married (Lester) Noah Shaw, and we divorced in 1979. We have two wonderful sons: Adam, 37, is a sports media consultant in the cable television industry; Jason, 38, is a cardio-thoracic surgeon, is married, and has two children - Natalie, 5, and Gabriel, 3. So, not altogether to my surprise (since I loved being a mom), I've become one of those besotted grandmas.

Thirteen years ago I married Alan Zients, who is also a psychiatrist and psychoanalyst. We both wish we'd known each other when we were much younger. He has four children and six grandchildren, so at this

point we're a blended family of 20, with kids and grandchildren in NY, Boston, Denver and LA.

We're both still in full-time private practice, and I am also an Associate Clinical Professor at Mt. Sinai and a Training and Supervising Analyst at the New York Psychoanalytic Institute. It's a very full (sometimes overly busy) life.

While my children were growing up, my career as a psychiatrist and psychoanalyst flourished. I have found private practice very gratifying. More recently, being with Alan has added another dimension of happiness to my life. We love to travel, play tennis, and go to concerts, plays, museums and movies. I feel very fortunate.

